



# NEPAL

An Expedition to Nepal will leave you with a lifetime of memories, extraordinary accomplishments, and curiosity for the world around you.

Home to the world's highest mountain, Mount Everest, Nepal has long been considered an outstanding country to enjoy trekking. The rich Hindu and Buddhist culture, the open friendliness of the people, the fairytale suspension bridges and the wonderful handy-craft markets make Nepal an awe-inspiring Expedition destination.

"The Expedition was the greatest experience of my life! I would recommend this type of adventure to anyone curious about seeing the world, experiencing other cultures and meeting interesting people. My world view has changed so much."

– Sophie, student

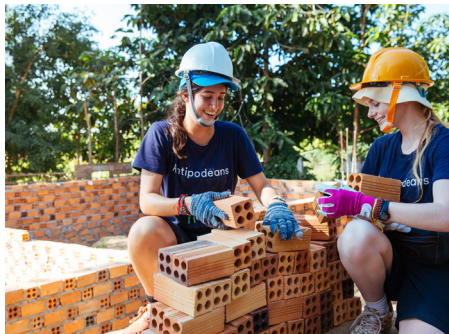


Unearthed

# PROJECT

## SUPPORTING TIBETAN AND SHERPA COMMUNITIES.

Students assist in the renovations, decorations and construction of schools for Tibetan and Sherpa communities and experience a wonderful immersion and exchange of cultures. Students compare the life of the locals with their own, and learn about issues that face these communities. As well as the simple hands-on projects they will get to know the local kids, teach English, play games and involve themselves in the community.



# TREK

## STUNNING MOUNTAIN TREKS STAYING IN LOCAL VILLAGES.

Teams enjoy the panoramic views of the Annapurna Ranges or choose to challenge themselves in the beautiful Langtang region. Everest Base Camp is an option for teams who would like to trek for the majority of their trip. All treks are supported by local guides and porters.

# EXPLORE!

## FROM KATHMANDU TO POKHARA AND BEYOND!

Students soak up the sights in the bustling capital Kathmandu – the ultimate travelers destination. Pit stops can include Hindu and Buddhist temples, visits to Pokhara or Chitwan National Park for elephant safaris crocodiles, deer, rhinos and tiger sightings!



# SNAPSHOT NEPAL EXPEDITION

## PROJECT

4 - 6 days

## TREK

4 - 14 days



## FUN FACTS!

The Nepali flag is the only nation with a non-quadrilateral flag. The two triangles symbolize the Himalaya Mountains and represent the two major religions, Hinduism and Buddhism.

## HIGHLIGHTS

- Explore the incredible markets, bazaars, temples & palaces in Kathmandu.
- Help bathe elephants in Chitwan National Park.
- Take a photo of a lifetime high in the Himalayas!
- Tuck into some traditional Daal Bhat soup or Momos – tasty Nepali dumplings!





# ABOUT UNEARTHED

Unearthed is a pioneer in the field of educational travel. Our dedicated team of personal development specialists and travel experts have been creating extraordinary student experiences for over 25 years.

Our ethos of resilience, mindfulness and leadership is central to everything we do. We empower young people to uncover their unique identity, develop life skills and embrace the world beyond their own borders.

"This was a fantastic program for our son – we felt assured by the level of safety and support from Unearthed, and the experience of the Leader. He's returned a different person."




– John, Parent




HIGHLY QUALIFIED  
& EXPERIENCED LEADERS

24-HOUR EMERGENCY  
BACK UP & SUPPORT

COMPREHENSIVE TRAINING  
& PREPARATION

LONG TERM, SUSTAINABLE  
COMMUNITY PROJECTS

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